



The Heart Research Centre

INCA TRAIL

1 – 12 September 2012

- Hike through the Inca trail and see everything from dramatic canyons to ancient Incan burial tombs
- Be dazzled by the snow capped mountains, giant sand dunes, and brightly coloured tropical birds of picture-perfect Peru
- Support medical research to help prevent heart disease and stroke

What is this adventure?

Peru, the land of the Incas, is a country saturated with culture, history, adventure, and excitement. The beautiful South American country lies between the coast, the desert, and the Amazon rainforest, promising a wide range of experiences and landscapes. There are markets to shop, lakes to swim, ruins to trek, and maze-like cities to explore. On this adventure, you'll meet Quechua Indians with colourful hats and camp deep in Machu Picchu. Join us on this adventure of a lifetime, visiting a country charmed by 5,000 years worth of history and trekking one of the most beautiful places in the world.



“ This experience tested me in ways I would never have imagined and provided me with memories I will never forget. ”

– Kristen Andrews

Call Helen on 1300 905 188 to register now.



Fast Facts

- **DATES:** 1 – 12 September 2012
- **FUNDRAISING TARGET:** \$9,500
(including \$5,920 for travel costs)
- **REGISTRATION FEE:** \$700
Please note the registration fee is in addition to the fundraising target of \$9,500 and is non-refundable.
- **TRIP DURATION:** 12 days
- **PHYSICAL ACTIVITY:** Trek
- **CHALLENGE GRADE:** 4/5
- **ACCOMMODATION:** Hotels and camping



“Do it! It’s a great way to feel good about doing something to help the community & also a great personal challenge.”

– Anna Di Bartolo





About Inspired Adventures

“Inspired Adventures is a fundraising agency with a difference – one that seeks to change lives through our adventures and marathon programs. We believe that we are all capable of far more than we imagine; and Inspired Adventures specialises in guiding and motivating participants to push their limits and raise money for a wonderful cause. Partnering with Heart Research Centre is a very exciting opportunity for us to work with you and help this unique organisation achieve its vision.”

– Justine Curtis, Director, Inspired Adventures

We'll help you reach your goal

As soon as you register, your Account Manager Helen will work with you one-on-one to create a comprehensive fundraising plan. She will contact you regularly with ideas, advice, encouragement – and plenty of inspiration.

“Some say fundraising is tough - but by placing the same determination it takes to climb a mountain or trek a trail, you can raise the funds to do it! And I am here to help you do it. Together we can create a fundraising plan that is not only achievable but one that is fun and appealing to both you and your supporters – all of whom will want to see you complete your goal. The sky is your limit and who says it can't rain down with dollars for your chosen charity?”

– Helen Trussler, Account Manager, Inspired Adventures

In addition to this personalised support, you will receive a Fundraising Toolkit. We have supported more than 1,500 people in reaching their fundraising goals in the past, and the Toolkit is a compilation of the most successful ideas, case studies, advice, and practical suggestions.



About Paddy Pallin

Since its inception, the name of Paddy Pallin became synonymous with the Australian bush, and the company he founded has grown to become Australia's leading supplier of specialist outdoor and travel gear. The company, still owned by the Pallin family, now has thirteen stores throughout Australia as well as online, mail order and corporate sales divisions. Paddy Pallin was the first to provide functional, high quality equipment for the outdoors in the 1930s and his company continues to be the market leader today.

Upon joining this phenomenal team you will receive a free PP membership and 15% off all the gear you need to have the experience of a lifetime!

Paddy Pallin



Fundraising Toolkit

When you register we will send you your Fundraising Toolkit.

The Fundraising Toolkit is based on our experiences and feedback from previous Inspired Adventures participants and we have supported over 1,500 people in reaching their fundraising goals in the past!

In the Fundraising Toolkit you will find plenty of ideas, case studies, practical ways of doing things and lots of inspiration!

We have put together a simple guideline on how to create your fundraising plan. Once you have created your plan we will talk through it with you and then support you with regular conversations helping you reach your target.

The Fundraising Toolkit will show you how to:

- Plan an event
- Write a press release
- Set up an online fundraising page
- Approach corporates for support
- Launch your fundraising plan
- And much more...

We work with EVERY registered participant one-on-one to design a comprehensive fundraising plan, then check in with you every few weeks to see how it's going. It's our job to make sure you achieve the fundraising target!



Fitness Training

We will send you a booklet with advice on how to get fit and healthy for your adventure. Whilst your fitness training and health is your responsibility we have collated some top tips from experts to share with you on how to manage basic nutrition, hydration and creating a training plan. We advise all participants to discuss their training plans with their GP before embarking on a fitness regime.

Please note: Prior to travel, you will be required to complete and submit a medical form, signed by your GP declaring your physical ability to undertake this challenge.





About the Heart Research Centre

69 year old Grace took part in our Women and Heart Disease Study. She was typical of many women her age, believing that she was not a candidate for heart disease. She expected that she would grow old with her husband. While weeding the garden one day, she experienced persisting chest pain. When it became very severe, she was rushed to hospital. Doctors confirmed she had several blocked arteries and she underwent heart bypass surgery immediately.

After leaving hospital, Grace attended the hospital's cardiac rehabilitation program. She said, "Being in a group with other patients was a tremendous help. I listened to their stories and was able to tell them mine. It was so helpful to know that others were in the same boat as you. My husband came too and it gave him a lot of confidence to watch me do the exercises."



Cardiovascular disease (which includes heart disease and stroke) is the number one killer in Australia. One out of every three Australians dies from this disease. Our research aims to help reduce the risk of heart disease and stroke to prevent unnecessary deaths and disability. We have a strong focus on psychological, behavioural and social factors that influence the development of cardiovascular disease and affect outcomes from acute illness.

The Heart Research Centre is renowned internationally for its research to develop best practice cardiac rehabilitation and prevention programs. We are the leading provider in Australia of training programs for nurses and other practitioners in our field. The knowledge gained through our research is passed on to health professionals to improve the delivery of health services to the community to help the fight against these life threatening diseases.

Now you can be part of a team of incredible individuals fundraising together to raise tens of thousands of dollars for Heart Research Centre. Join us now for the opportunity of a lifetime!

What will my impact be?

Funds raised through the **INCA ♥ TRAIL** will be used to help in the fight against heart disease and stroke.

\$5,000 – will help us sponsor and train ten nurses from rural Australia at a two-day training program

\$10,000 – will fund a staff member to support Indigenous communities to develop cardiac rehabilitation and prevention services for their communities

\$15,000 – will fund the next stage of our research to help patients get back to work after their heart attack or cardiac surgery.

\$40,000 – will allow us to conduct a 20 year follow-up study of 2,000 men and women whose risk factors we measured in northern Victoria in 1992. This research will help to identify which risk factors are most likely to lead to earlier death

\$100,000 – will allow us to develop and implement a comprehensive online education program for patients with heart disease, stroke or diabetes



Trip Notes

The travel for this adventure will be operated by Flight Centre.

B=Breakfast L=Lunch D=Dinner

DAY 1: 1 September 2012

Arrive Lima

On arrival at Lima Airport, you will be transferred to your hotel in central Lima. Depending on your arrival time, the remainder of the day may be spent exploring central Lima and its fascinating museums.

DAY 2: 2 September 2012

Lima – Cusco

An early morning transfer back to the airport to board the flight along the Andes to Cusco where you will be met by your Amazonas Explorer guide and transferred to our hotel in central Cusco. Today is for acclimatisation to the rarefied air of the Andes (3,240m). Drink plenty of liquids and take it easy. After lunch in an authentic local restaurant, we take a short walking tour of central Cusco.

Meals: B, L

DAY 3: 3 September 2012

Peru's Challenge School

Today we visit the Peru's challenge site just outside Cusco and have a real firsthand experience of project work in Peru. We enjoy lunch with the project workers and some of its benefactors before returning to Cusco in the late afternoon.

Meals: B, L

DAY 4: 4 September 2012

Cusco and Pisac Sacred Valley acclimatisation

An essential part of your trip is to spend a day acclimatising whilst enjoying the amazing ruins, markets and scenery of Cusco and the Sacred Valley. This trip leaves Cusco early in the morning. Our first stop is

the picturesque Andean village of Pisac, famous for its Sunday, Tuesday and Thursday market and superb artisan stalls throughout the week. Old Pisac ruins have much to explore with a circular hike through royal buildings, look-outs, terraces, tunnels and irrigation channels. We then head back to Cusco for a lovely walking (or vehicle) tour and a superb introduction into the Inca heritage of Peru. At 3650m, this is also a perfect acclimatisation hike for the Lares trek to come.

After lunch we head back to explore some of Cusco's outlying Inca sites. Our final and most stunning ruin is the extensive Sacsayhuaman. Although the smaller stones of Sacsayhuaman were used to build modern day Cusco, the remaining stones are up to 8.5m high and weigh over 360 tonnes. A downhill on old Inca road brings us to San Cristobal church built on top of Inca Manco Capac's Palace and a fantastic view point of Cusco. The final steps down the streets of San Blas bring us to the Plaza de Armas and the end of the tour.

Meals: B, L

DAY 5: 5 September 2012

Cusco – Quisuarani

Departing Cusco we descend into the Sacred Valley before heading high into the Andes. In just under two hours we will leave the vehicles and start our acclimatisation hike up an ancient Inca trail, through a narrow canyon where Inca burial tombs can still be seen. We meet our bus further up the valley and transfer 4200m to the small community of Quisuarani where we set up base camp for the night.

Meals: B, L, D

DAY 6: 6 September 2012

Quisuarani – Cuncani – Huacahuasi

A beautiful day's hiking as we climb out of the Quisuarani valley, famous for its weavings. At various campsites we can barter for beautiful handmade textiles. We descend





past some spectacular waterfalls and crystal clear lakes to the small village of Cuncani. After lunch we can walk from the village of Huacahuasi to the Lares Hot-springs to indulge in The Incas's Baths – a selection of perfectly heated pools.

Meals: B, L, D

DAY 7: 7 September 2012

Huacahuasi – Patacancha

Now fully acclimatised and rested, we set off for our final challenge to climb over a 4400m pass and descend towards the sacred valley of the Incas. We stop beside beautiful lakes and hope to arrive at the pass just before lunch with spectacular views of the snowy mount Veronica. We then follow an old mule trail from the village of Patacancha to Huilloc. This is our last chance to barter for more fine weavings.

Meals: B, L, D

DAY 8: 8 September 2012

Huilloc – Pumamarca – Ollantaytambo – Machu Picchu

The start of our walk today is a short sharp climb bringing us to the impressive and rarely visited ruins of Pumamarca. We follow an ancient Inca trail along the many terraces of the Huilloc valley as we wind our way through eucalyptus forests to end our trail nearby the ruins of Ollantaytambo. The evening is free to explore the extensive artisan market and the many colourful bars and restaurants of Machu Picchu town.

Meals: B, L

DAY 9: 9 September 2012

Machu Picchu tour and return to Cusco

A short bus ride takes you direct to the Lost City of the Incas - Machu Picchu. Once there, your guide gives you a walking tour of the residential, religious and agricultural sectors and explains the fascinating history of the Incas to you. We catch an afternoon bus down to Machu



Picchu town for a late lunch and transfer to the Sacred valley and onto Cusco.

Meals: B, L

DAY 10: 10 September 2012

Cusco

Today is your free day in Cusco for some rest and recuperation. There is so much to see and do in Cusco - explore Inca ruins, visit Colonial churches, bargain hunt in Indian markets or just relax over a cappuccino on a terrace overlooking the Plaza de Armas Cusco has it all. Tonight you'll have your final celebration dinner.

Meals: B, D

DAY 11: 11 September 2012

Cusco – Home

Today, we transfer to Cusco airport in time for your internal and international flights home. Or for those with more time, consider an extension to the Amazon Rainforest, Lake Titicaca, Arequipa and the Colca canyon, Nazca and the Ballestas islands or more adventures by bike, foot, canoe, raft or horse. Please contact Amazonas Explorers for more information.

Meals: B





Frequently Asked Questions

How do I fundraise?

Past participants have successfully fundraised in many creative and fun ways. We will send you a comprehensive Fundraising Toolkit upon registration to help you reach your target. You will also have regular support from our Inspired Team, who will help you develop and manage your fundraising plan, as well as support from the charity for which you are fundraising.

What does it cost?

Upon registration, you pay a registration fee of \$700*. The travel cost and donation to Heart Research Centre can be fundraised with the support of Inspired Adventures.

Is my donation tax deductible?

The funds raised for the charity are tax deductible (conditions apply). Funds raised to cover travel costs are not tax deductible.

What's included?

International airfares ex MEL/SYD, and domestic airfares in Peru, all transport and sightseeing as per itinerary, meals as per itinerary, twin-share accommodation, a local tour guide, and an Inspired Adventures Team Escort.

What's not included?

Travel insurance, visa fees, personal spending money, and tips.

How fit do I need to be?

This trek is ranked 4/5. It involves trekking or climbing for up to 6-7 hours a day for 5 or more days at a steady pace with difficult stages lasting either a few hours each day or a few days of the entire trip. You will be expected to carry a daypack containing basic items needed on the day that should weight 5 - 7 kilograms. You will need a good level of fitness and be in good health.

Our adventures are specifically designed for people who are relatively fit and willing to train. On our treks and cycle adventures, we take things slowly and steadily, managing the various fitness levels and abilities of our groups. We can't think of a more exciting fitness goal! Go for it!

Can I extend my stay?

Of course, many of our participants decide to extend their stay to get the most from their overseas adventure! (Additional travel arrangements are at your own cost).

What is the general age range of participants?

We have had participants of all ages from 16 – 70 years, all united by their sense of adventure.

How do I register?

You can register over the phone using a credit card by calling Helen at 1300 905 188 or complete the enclosed booking form and return it with your registration fee* paid by credit card, cheque or money order.

Cheques and money orders are payable to 'Inspired Adventures Pty Ltd'.

Heart Research Centre Peru Challenge
2/2 Farnell Street
Surry Hills NSW 2010

Or fax the Booking Form to us at 02 8915 1457.

Have any more questions?

Please call Helen at 1300 905 188
or email helen@inspiredadventures.com.au

*Please note the registration fee is nonrefundable.





Countdown to your Inspired Adventure

Item	Date	Activity	Details
Registration Fee	Registration Date	Pay Registration Fee of \$700 to Inspired Adventures in one or two instalments	Refer to Booking Form for payment details
Registration Fee Balance*	4 weeks following registration date	If paying in two instalments pay remaining \$350 registration fee to Inspired Adventure	Refer to Booking Form for payment details
Travel Deposit**	6 weeks following registration date	Pay \$400 travel deposit to Flight Centre	Refer to Booking Form for details
Fundraising Deposit**	8 June 2012	Pay \$1,000 fundraising deposit to Heart Research Centre	Refer to Payment Form for details
Participant dinner	June 2012	Dinner for participants	Location TBC
Travel cost balance **	6 July 2012	Pay \$5,520 travel cost balance to Flight Centre	Flight Centre will send an invoice at least 10 days prior
Fundraising balance	3 August 2012	Pay balance of all funds raised to be a minimum of \$2,580	Refer to Payment Form for details

* Not applicable if full fee paid on registration

** Deducted from your Fundraising Target

Register now

Call Helen: 1300 905 188

Email: helen@inspiredadventures.com.au

Visit: www.inspiredadventures.com.au/HRC/PERU

Blog: <http://blog.inspiredadventures.com.au/>

Watch our video: http://youtu.be/JzVg1FtAs_w

INSPIRED ADVENTURES BOOKING FORM



ADVENTURE DETAILS

Adventure Name: INCA ♥ TRAIL
Charity: Heart Research Centre
Departure Date: 01 / 09 / 12

PERSONAL DETAILS

Mr Mrs Ms Dr
First Name: _____
Middle Name: _____
Last Name: _____
(Please write name as it appears on your passport)
Street Address: _____
Town/Suburb: _____
State: _____ Postcode: _____
Tel Day: (____) _____
Tel Night: (____) _____
Mobile: _____
Email: _____
Date of Birth: / /
Nationality: _____
Passport #: _____
Place of Issue: _____
Date of Issue: / /
Expiry Date: / /
Your passport must be valid for at least 6 months after your return date.
Frequent Flyer Program: _____
Membership #: _____
Seating Preference: _____
Accommodation is based on twin share. Is there anyone you would like to share with?

Are you interested in a single room? YES NO
(a single supplement will apply and prices will be supplied upon application)
Departure City: _____
Flight Centre may be able to arrange your departure from your chosen city. A surcharge may apply.
Do you have a pre-existing medical condition which may affect your ability to undertake this challenge? YES NO
(you will be required to complete a medical form and have this signed by your GP prior to travel)

EMERGENCY CONTACT

Contact: _____
Relationship: _____
Address: _____

Tel Day: (____) _____
Tel Night: (____) _____
Mobile: _____

PAYMENT DETAILS

PART ONE: REGISTRATION FEE*

Please debit the non-refundable registration fee of \$700* from my credit card

- \$700* now **OR**
 \$350* now and \$350 in 4 weeks time

Type of Card: Visa Mastercard

Card #

Expiry Date: /

Name: _____

Signature: _____

* Please note: The registration fee is non-refundable and is a personal contribution additional to the overall fundraising target. A 1.5% surcharge payable on credit card transactions.

OR

I enclose a cheque/money order for the total sum of:

\$ _____

Made Payable to: **Inspired Adventures Pty Ltd**

OR

I will pay my Registration Fee by bank deposit:

Account Name - Inspired Adventures Pty Ltd
Bank - National Australia Bank
BSB - 082 352
Account Number - 87458 8298

Please include your name as reference

PART TWO: TRAVEL DEPOSIT

I authorise **Flight Centre Group Travel** to:

debit my credit card the NON-REFUNDABLE \$400 travel deposit immediately.

debit my credit card the NON-REFUNDABLE \$400 travel deposit six weeks from the date of this signed booking form.

(Credit Card Fees: 1.98% for Visa, Mastercard, Amex and 3% for Diners Club Card)

I will pay by direct bank transfer, please send me an invoice for the travel deposit

I will forward my cheque/money order of \$400 six weeks from the date of this signed booking form to:

Flight Centre Group Travel
Po Box 1279, North Sydney NSW 2059

THE TRAVEL DEPOSIT IS DEDUCTED FROM YOUR OVERALL FUNDRAISING TARGET.

HOW DID YOU HEAR ABOUT THIS INSPIRED ADVENTURE?

WEB CHARITY E-NEWSLETTER WOM

OTHER: _____

In signing this booking form, I acknowledge that I have read and understood and accept the conditions of contract accompanying this booking form and the obligations set out in the conditions, particularly those relating to release and waiver of liability conditions (condition 16)

Signature: _____

Date: / / Please note: if you are under 18 years of age this form requires the signature of a parent or legal guardian.

INSPIRED ADVENTURES BOOKING CONDITIONS

This Inspired Adventure is operated by Flight Centre Ltd.

Please read carefully the terms in the conditions of contract in completing and submitting the Booking Form, you agree to be bound by these conditions which constitute the agreement between Inspired Adventures, Flight Centre Ltd (Flight Centre) and you. The conditions apply to the exclusion of any other terms or conditions unless they are set out in the Booking Form, or are otherwise agreed to in writing by the parties. Previous dealing with the parties will not vary these conditions. No purported variation of these conditions will be effective unless in writing and signed by a person so authorised by Inspired Adventures and Flight Centre.

1. How to Book: To participate in this Inspired Adventure, you must pay a non-refundable registration fee of AUD\$700 including GST payable to Inspired Adventures. Six weeks later you must pay a non-refundable travel deposit of AUD\$400 including GST which must be made payable to Flight Centre. If you register within 4 months of the departure date you must pay the travel deposit of AUD\$400 immediately upon registration.

2. Payments and Fundraising: Eligibility to take part in this Challenge is contingent upon you raising the minimum Fundraising Target. Flight Centre will not accept receipt of your balance payment until there is evidence that your Fundraising Deposit of AUD\$1,000 has been met 20 weeks prior to your departure. The balance of your Fundraising Payments must be made no later than 4 weeks prior to your departure. Travel costs are based on arrangements departing from the published departure city/cities in Australia and exclude travel insurance & visa fees. Flight Centre may be able to arrange travel from other cities in Australia, a surcharge will apply. Registered participants will be required to cover additional travel or accommodation costs required as a result of departing from an alternative destination. Failure to lodge the fundraising target on or before the required date will render you ineligible to depart on the Challenge and you will forfeit in full the AUD\$700 registration fee paid to Inspired Adventures, the AUD\$400 travel cost deposit paid to Flight Centre, and your place on the adventure. All monies raised in the name of the charity must be forwarded immediately to the charity along with supporting documents as outlined in the 'Conditions of Fundraising'. Inspired Adventures, Flight Centre, and the charity reserve the right to refuse your Application to Register. Their decision is final and binding. Should your Application be refused your full registration fee will be refunded to you. Your registration for the Challenge will take effect once your registration funds have cleared. Places are limited on the Challenge and are allocated on a first come first served basis.

3. Cancellations by You: If you wish to cancel your tour, you must notify Inspired Adventures and Flight Centre in writing and the following charges will apply: You will automatically forfeit your registration fee (AUD\$700), your travel cost deposit (AUD\$400) paid to Flight Centre, other fees may apply as per the Flight Centre booking conditions.

If there are too few participants on your tour or for other reasons Inspired Adventures or the Charity have to cancel the tour we reserve the right to offer you alternatives. We reserve the right to cancel the Challenge or to offer you alternatives. If the Challenge is cancelled and any alternatives offered are not suitable, you shall be refunded any monies paid to Inspired Adventures. You may be entitled to full or partial refund on monies paid to Flight Centre dependant on booking conditions. In the event that your chosen trip is cancelled and you are given the option of transferring to a trip the following year, these transferred trips must be taken within 12 months or your position on the Challenge will be forfeited.

4. Disclaimer: You accept that:

- Inspired Adventures and the charity reserve the right to refuse my Application to Register. Their decision is final and binding. Should my Application be refused my full registration fee will be refunded to me. My registration for the Challenge will take effect once my registration funds have cleared. Places are limited on the Challenge and are allocated on a first come first served basis, and

- Flight Centre will not be liable for any breach of any law by any person with whom you travel on the tour; and

- you may not rely on any representations concerning the tour made by Flight Centre which are not contained in these conditions.

5. Release and Waiver of Liability: In consideration of Inspired Adventures and the Charity accepting your booking application and in consideration of you being permitted by Inspired Adventures and the Charity to join the tour:

- you waive any and all claims I may now or in the future have against Inspired Adventures and the Charity, their officers, employees, agents or representatives ("their staff") and release from all liability and agree not to sue Inspired Adventures or its staff for any personal injury, death, property damage or loss sustained by me as a result of my participation in the Challenge. You acknowledge that the Challenge involves an adventure trip and accept all the inherent risks associated with such a trip and the possibility of personal injury, death or property damage or loss resulting there from.

To the extent permitted by law, section 74 of the Trade Practices Act 1974 does not apply to this contract.

6. Privacy: In order to be able to supply a service to you Inspired Adventures will need to collect certain information from you, some of which may be of a personal nature. The information may be disclosed to, or collected on our behalf by our service providers to enable the services to be provided, but will not be used by them for any other purpose.

7. Booking made in Victoria: This condition 17 and the following statutory warning apply if the booking is made in Victoria. Sections 32J and 32JA of the Fair Trading Act 1999 Victoria (as amended) do not apply to this contract, being a contract for the supply of recreational services.

WARNING UNDER THE FAIR TRADING ACT 1999

Under the provisions of the Fair Trading Act 1999 several conditions are implied into contracts for the supply of certain goods and services. These conditions mean that the supplier named on this form is required to ensure that the recreational services it supplies to you are—

- rendered with due care and skill; and

- as fit for the purpose for which they are commonly bought as it is reasonable to expect in the circumstances; and

- reasonably fit for any particular purpose or might reasonably be expected to achieve any result you have made known to the supplier.

Under section 32N of the Fair Trading Act 1999, the supplier is entitled to ask you to agree that these conditions do not apply to you. If you sign this form, you will be agreeing that your rights to sue the supplier under the Fair Trading Act 1999 if you are killed or injured because the services were not rendered with due care and skill or they were not reasonably fit for their purpose, are excluded, restricted or modified in the way set out in this form.

NOTE: The change to your rights, as set out in this form, does not apply if your death or injury is due to gross negligence on the supplier's part. "Gross negligence" is defined in the in the Fair Trading (Recreational Services) Regulations 2004.

8. Jurisdiction: This agreement and the rights and obligations of the parties will be construed and take effect in accordance with and be governed by the laws of:

- Victoria, in the case of a booking made in the state of Victoria, or

- New South Wales, in the case of a booking made elsewhere in Australia

Inspired Adventures Pty Ltd ABN 46 125 426 468.

9. Image and Likeness: I grant Inspired Adventures the right to take photographs and videos of me and my property in connection to my participation on an inspired adventure. I authorise Inspired Adventures, its assigns and transferees to copyright, use and publish the same in print and/or electronically.

FLIGHT CENTRE BOOKING TERMS AND CONDITIONS

Please read the following terms and conditions carefully. You must not accept any booking unless you understand and agree with the following terms and conditions.

Flight Centre Group Travel is a division of Flight Centre Limited. References to "us", "we", "our", "Flight Centre" or "Flight Centre Group Travel" in these booking terms and conditions shall mean and include Flight Centre Limited trading as Flight Centre Group Travel and Flight Centre Limited.

Prices:

All prices are subject to availability and can be withdrawn or varied without notice. The price is only guaranteed when paid in full. Please note that prices quoted here are subject to change and will be re quoted at the time of full payment. Price changes may occur by reason of matters outside our control which increase the cost of the product or service. Such factors include adverse currency fluctuations, fuel surcharges, taxes and airfare increases. Please contact your Consultant for up to date prices.

Refunds, Changes and Cancellation Fees:

We are unable to provide a refund to you until we receive the funds from the relevant supplier. Cancelled bookings will incur charges. These charges can be up to 100% of the cost of the booking, regardless of whether travel has commenced. Fees and extra charges will apply where a booking is changed. Fees and extra charges will also apply when tickets or documents are re-issued. Where we incur any liability for a cancellation fee or charge for any booking which you cancel, you agree to indemnify us for the amount of that fee or charge.

Some of the specific terms which apply if you cancel a tour or change your booking are as follows:

Cancellation Fees: If you wish to cancel your tour the following conditions apply:

- Your \$400 travel deposit which is non refundable and non transferable will be forfeited;

- A \$550 cancellation fee will be payable if cancellation occurs between 90-60 days prior to departure; and

- If cancellation occurs within 60 days prior to travel, all travel costs, including the deposit, will be forfeited.

Amendment Fees: If you wish to amend your travel arrangements the following conditions apply:

- A \$50 amendment fee will be charged if travel arrangements are amended within 60 days prior to departure
- Name changes are not permitted after full payment has been made. It is your responsibility to ensure that the name on your itinerary matches the name on your passport; and
- Amendments to flights after full payment has been made will incur a fee of \$200 per person plus any applicable difference in airfare charges and taxes.

Deposit and Final Payment:

You will be required to pay a \$400 travel deposit at the time of booking. All deposits are non-refundable. Final payment is required no later than 60 days prior to departure unless otherwise stated. Some airfares or services must be paid in full at the time of booking.

Payments by Credit Card:

Credit card surcharges of 1.98% for Visa, Mastercard and American Express, and 3% for Diner's Club will apply when paying by credit card. If for any reason any travel service provider is unable to provide the services for which you have contracted, your remedy lies against that provider, and not against Flight Centre Limited. In the event that payment has been made to Flight Centre Limited by credit card, you agree that you will not seek to charge back your payment to Flight Centre Limited.

Payments by B-Pay:

Please note that BPAY takes up to 3 business days to process. If you are paying by this method you will need to make the payment at least 3 business days prior to the actual due date. You must notify your consultant of your payment once it has been made.

Payments by Cheque:

Please note that cheque payments (including bank cheques) require 5 business days to process. If you are paying by this method you will need to make the payment at least 5 business days prior to the actual due date. You agree not to stop payment of the cheque even when you cancel a booking. You agree that we may apply the proceeds of the cheque to satisfy any liability you have to us, including any liability in respect of cancellation fees, before refunding the balance to you.

Taxes:

Airline taxes are subject to change and are confirmed at the time your airline ticket is issued. There may also be a local tax charged at some airports.

Travel Insurance:

We are an authorised representative of CoverMore Travel Insurance Services Pty Ltd. Australian financial services licence number 241713, on whose behalf we act. You must obtain a Product Disclosure Statement relating to the product and consider the statement before making any decision about whether to acquire the product.

Travel Insurance is compulsory for all travelers participating in a tour and is strongly recommended by the Department of Foreign Affairs and Trade for all overseas travel. Please complete your travel insurance form, sign it and return it to our office. We cannot issue your insurance until this form is provided regardless of whether payment has been made. If you decline CoverMore travel insurance and obtain travel insurance from another supplier, you will be required to sign a CoverMore disclaimer form at the time of booking, a copy of which is included in your registration pack.

Agency:

Flight Centre Limited acts as a travel agent only. We sell various travel related products on behalf of numerous transport, accommodation and other wholesale service providers, such as airlines, coach, rail and cruise line operators. Flight Centre Limited's obligation is to make travel bookings on your behalf and to arrange relevant contracts between you and travel service providers. We have no responsibility for these services nor do we make or give any warranty or representation regarding their standard. All bookings are made subject to the terms and conditions and limitations of liability imposed by these service providers. Your legal recourse is against the specific provider and not Flight Centre Limited. If for any reason, any travel service provider is unable to provide the services for which you have contracted, your remedy lies against the provider and not with Flight Centre Limited.

Liability:

We do not accept any liability of whatever nature, whether in contract, tort or otherwise, for the acts, omissions or default, whether negligent or otherwise, of third party providers over whom we have no direct control. Under circumstances where liability cannot be excluded, such liability is limited to the value of the purchased travel arrangements. We do not accept any liability in contract, tort or otherwise for any injury, damage, loss (including consequential loss), delay, additional expense or inconvenience caused directly or indirectly by force majeure or any other event which is beyond our control and which is not preventable by reasonable diligence on our part.

Flight Centre reserves the right to change any part, or the whole, of the arrangements contained within the tour plan, should conditions or circumstances beyond our reasonable control determine such action necessary. In such cases, we will use our reasonable endeavours to provide alternatives of the same standard, quality and duration as the original itinerary, or you may cancel your tour in which case your deposit will be forfeited. Furthermore, if you cancel as aforesaid, certain supplier cancellation policies may be applicable, for which you will be liable.

Monies not held on trust:

All monies paid by you to us will be the property of Flight Centre Limited and will be a debt due and payable to the travel service provider once the services to which the money relates have been provided. You agree and acknowledge that such monies will not be held by Flight Centre Limited on trust for or on behalf of You, and Flight Centre Limited may hold such monies in any account as it sees fit, including with its own and/or other customer monies.

Special Requirements:

Please liaise with your consultant regarding any special requirements you may have for your travel arrangements such as special meal and seating requests.

Frequent Flyer:

Please advise your consultant of your frequent flyer membership details for inclusion in your booking. Please check your frequent flyer program for specific terms of your membership. We cannot guarantee that the supplier will credit you with points for your booking.

Passports & Visas:

It is your responsibility to ensure that you have valid passports, visas and re-entry permits. Any fines, penalties, payments or expenditures incurred as a result of such documents not meeting the requirements will be your sole responsibility. All travelers must have a valid passport for international travel and many countries require at least 6 months validity from the date of return. If you need information regarding visa and other travel document requirements for your trip please let us know. We can obtain such information from an external visa advisory service provider on your behalf. We do not warrant the accuracy of such information and accept no liability for any loss or damage which you may suffer in reliance on it. If you wish, we can obtain visas for you through this external service and fees will apply. If you are traveling to the United States please see <https://esta.cbp.dhs.gov> for information regarding compulsory pre-registration for their visa waiver program.

Travel Advice:

For travel advice please contact the Department of Foreign Affairs and Trade or visit their website at www.smartraveller.gov.au.

Health:

You must ensure that you are aware of any health requirements for your travel and ensure that you carry all necessary vaccination documentation. Please check with your local doctor or specialist vaccination clinic.

Travel Documents:

Travel documents include (without limitation) airline tickets, hotel vouchers, tour vouchers or any other document (whether in electronic form or otherwise) used to confirm an arrangement with a service provider. Travel documents may be subject to certain conditions and/or restrictions including (without limitation) being non-refundable, non-date-changeable and subject to cancellation and/or amendment fees. Travel documents cannot be transferred to another person to use. All airline tickets must be issued in the name of the passport/photo identity holder. An incorrect name on a booking may result in an inability to use that booking and the booking being cancelled. Any errors in names, dates and timings on your documentation will be your responsibility if not advised at the time of booking. It is your responsibility to collect all travel documents from us prior to travel. As a general rule your travel documents will be available for collection 2 weeks prior to departure, however this will depend on your individual arrangements. Please contact your consultant to confirm when your travel documents are ready for collection.

Governing Law:

If any dispute arises in relation to the agreement between you and us as constituted by these terms and conditions or otherwise, the laws of Queensland, Australia will apply. You irrevocably and unconditionally submit to the exclusive jurisdiction of the courts of Queensland, Australia, and waive any right that you may have to object to an action being brought in those courts.

Privacy Policy:

Flight Centre is committed to protecting your personal information. Our Privacy Policy is available for viewing at www.flightcentre.com.au or in store.

I acknowledge that I am 18 years of age or older and that I understand and agree with the above terms and conditions.